Best Possible Medication Discharge Plan (BPMDP) Patient Interview Guide

Ensure these topics are addressed when conducting education to patients regarding discharge.

**Identify medications:**
1. **Changed** while the patient has been in hospital (e.g., formulary adjustments, auto-substitutions, dose/frequency changes etc.)
2. **No longer required** on discharge. (Including medications started in hospital and those the patient was taking prior to admission).
3. **To be continued** on discharge. (Including medications started in hospital and those the patient was taking prior to admission).
4. **New** medications the patient is to take on discharge.

**Confirm patient’s understanding of:**
1. **Purpose** for each medication (e.g., Can you explain to me the purpose for each medication you are currently taking?).
2. **Possible side effects and when it is necessary to seek medical attention** for each medication (e.g., Can you explain to me the possible side effects of each of your medications (or just new medications) and what to do if these occur?).
3. **Intended duration of therapy** for each new medication (e.g., How long will you be on each medication?)

**Provide patient with:**
1. **Medication calendar**, summarizing name of medication, purpose, dose, frequency, when best to take medications, duration of therapy and any additional comments which may be necessary.
2. **Follow up information** regarding appointments/laboratory tests that may be necessary concerning their medications.

**Ask the patient / caregiver to:**
1. **Summarize** their discharge medication instructions (to assess their understanding of information presented to them).

**Encourage patient / caregiver to:**
1. **Bring this medication list** with them to every healthcare appointment, physician / specialist, ER visit, clinic appointment and to their community pharmacy.
2. **Keep their medication list up to date.**
3. **Carry their medication list** with them at all times.
4. **Use one community pharmacy** to process all prescriptions.